

DR. ABDALLAH ROTHMAN



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Cambridge, UK



PROFESSIONAL PROFILE

Dr. Abdallah Rothman has over 15 years' experience in the fields of Psychology, Research, Pastoral Care, Interfaith Dialogue and Academia. He has expertise in the capacity of a psychologist, researcher, professor, trainer, supervisor, public speaker and program director with diverse cultural populations in a number of different professional settings.

EDUCATION

PhD // PSYCHOLOGY
Kingston University London, UK
2015-2019

MA // PSYCHOLOGY
Antioch University, Seattle, WA
2001-2005

BA // COMMUNITY STUDIES
University of California Santa Cruz
1994-1999

SKILLS

Leadership Development

Counseling Psychology

Research

Teaching

Program Development

Supervising

Curriculum Development

Public Speaking

Consulting

WORK EXPERIENCE

PRINCIPAL & HEAD OF ISLAMIC PSYCHOLOGY
Cambridge Muslim College | UK
2020 – Present

Senior most position in charge of college's academic, administrative and strategic direction.

- Lead all academic activity including teaching, learning and research
- Manage college budget and financial planning
- Oversee all non-academic programming and community engagement
- Carry out ongoing academic research in line with college research focus

SENIOR ADVISOR

Ministry of Culture and Knowledge Development | UAE
2019 – 2020

Conducting research and advising on matters related to social programming, cultural exchange, interfaith dialogue, and education reform at the national level.

- Conduct research and publish studies to support policy
- Develop initiatives promoting intercultural exchange
- Advise on international interfaith dialogue initiatives
- Implement culturally sensitive programming in Islamic arts and heritage

EXECUTIVE DIRECTOR

International Association of Islamic Psychology | USA
2017 – Present

Professional association regulating standards of practice in Islamic psychology and psychotherapy through education, certification, research, and publication.

- Execute organization goals and directives
- Oversee partnerships and contracts

DR. ABDALLAH ROTHMAN

LICENSES

LPC

Licensed Professional Counselor
Board of Professional Counseling
Washington DC
2008-present

LPC

Licensed Professional Counselor
Board of Professional Counseling
Virginia
2013-present

ATR-BC

Registered Art Therapist-
Board Certified
Art Therapy Credentials Board
2007-present

TRAINING

Islamic Approaches to Psychology

Cambridge Muslim College, UK
2017
50 hrs

Organization and Relationships Systems Coaching (ORSC)

CRRUK, London, UK
2017-2018
60 hrs

7 Habits of Highly Effective People

NYU Abu Dhabi, UAE
2016
40 hrs

EXPERIENCE CONTINUED

ASSISTANT DIRECTOR

SPIRITUAL LIFE & INTERCULTURAL EDUCATION

New York University Abu Dhabi | UAE

2015 – 2019

Senior level position at a degree granting campus in the NYU global network overseeing and delivering co-curricular educational programming for student development with honors level university students of 110 diverse nationalities.

- Design and deliver co-curricular programming and training for students, Student Interest Groups, staff and faculty
- Facilitate student development workshops and training programs informed by developmental theory
- Strategic development and departmental planning
- Manage a large operational budget
- Maintain programmatic data and assess departmental success

COUNSELOR/OWNER

Shifaa Integrative Counseling | Washington DC

2008 – Present

Private practice serving the Muslim community and non-Muslim community in the greater Washington DC, Northern Virginia and Maryland areas specializing in spiritually oriented and/or Islamically integrated psychotherapy.

- Provide individual, couples and family therapy
- Design and deliver psycho-educational workshops
- Curriculum development consulting
- Public speaking and seminar facilitation

COUNSELOR

Higher Colleges of Technology | Abu Dhabi, UAE

2012 – 2015

Student support position at a top UAE university serving a population of 2500 Emirati nationals providing on site mental health counseling

- Individual and group counseling with Emirati college students
- Taught a bachelor's level course on Intercultural issues
- Designed and delivered seminars on psychology, mental health & wellbeing and student development
- Advised upper management on matters related to educational and organizational psychology

ADJUNCT PROFESSOR

George Washington University | Washington DC

2008 – 2012

Part time position as faculty member in a Master's degree program in mental health counseling with a specialization in Art Therapy.

- Designed, planned and evaluated curricula, course content, and course materials
- Lectured, gave presentations, read and graded student graduate thesis papers
- Served on academic committees that dealt with institutional policies, departmental matters, and academic issues

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PRESENTATIONS

**Toward an Islamic Psychology
& Psychotherapy**
Muslim Mental Health Conference
Clare College, Cambridge University
September 8, 2019

**State of the Therapist's Heart:
Tazkiyah as Ethical Obligation**
Presidency of Religious Affairs
6th Annual International
Symposium
Istanbul, Turkey
May 4, 2019

Psycho-spiritual Basis of Disease
Pakistan Society for Rheumatology
23rd Annual Conference
Karachi, Pakistan
March 14-16, 2019

Islam and Modern Psychology
University of Southern California
Los Angeles, California
February 9, 2018

Mental Health & Religious Identity
Tabah Foundation
Abu Dhabi, UAE
February 28, 2017

Spiritual Well Being
New York University
Abu Dhabi, UAE
October 17, 2016

Lifestyle and Mental Health
Jazan University
Jazan, KSA
March 14, 2012

Strengthening the Muslim Family
ISNA Conference
Baltimore, MD
November 18, 2009

SELECT PUBLICATIONS

Rothman, A. (2022). From Padawan to Jedi: The theological premise for the necessity of the master-apprentice relationship in the path of spiritual ascension. In Espinoza, B. (Ed.), *Theology and the Star Wars Universe*. Rowman and Littlefield.

Rothman, A. (2021). *Developing a Model of Islamic Psychology and Psychotherapy: Islamic Theology and Contemporary Understandings of Psychology*. London: Routledge.

Haque, A. & Rothman, A. (Eds.) (2021). *Islamic Psychology Around the Globe*. Seattle: International Association of Islamic Psychology.

Khan, F., Keshavarzi, H. & Rothman, A. (2020). The Role of the TIIP Therapist. In Keshavarzi, H., Awaad, R., & Khan, F. (Eds.), *Applying Islamic Principles to Clinical Mental Health Care*. London: Routledge

Rothman, A. & Coyle, A. (2020). Conceptualizing an Islamic psychotherapy: A grounded theory study. *Spirituality in Clinical Practice*. American Psychological Association. Advance online publication. <https://doi.org/10.1037/scp0000219>

Rothman, A. (2019). What Islam Offers to Modern Self-Help: An Islamic Paradigm of Psychology [blog post]. *The Productive Muslim*. Retrieved from <https://productivemuslim.com/what-islam-offers-to-modern-self-help/>

Rothman, A. (2018). An Islamic Theoretical Orientation to Psychotherapy. In York, C. (Ed.), *Islamically Integrated Psychotherapy: Uniting faith and professional practice* (pp. 25-56). West Conshohocken, PA: Templeton Press.

Rothman, A. & Coyle, A. (2018). Toward a framework for Islamic psychology and psychotherapy: An Islamic model of the soul. *Journal of Religion and Health*. 57(5), 1731-1744.

Rothman, A. (2018). Islam'da Ruh İlmi Tasavvufur [Islamic Spiritual Science]/ interviewer: Suleyman Derin. *Altinoluk*, 384, 41-43.

Rothman, A. (2017). Mental Health and Religious Identity: Inspiring Transformation in Muslim Youth [blog post]. *Tabah Futures Initiative*. Retrieved from <https://medium.com/tabah-vista/https-medium-com-tabah-vista-mentalhealthyyouth-3035a6627a3d>

REFERENCES



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TIMOTHY WINTER
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